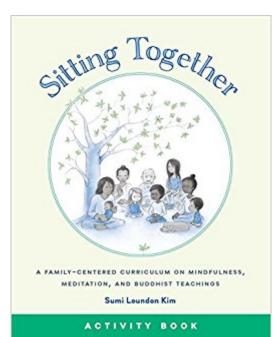


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# **Sitting Together Activity Book**





## Synopsis

A perfect companion to enhance yourà Sitting Togetherà lessons.à This book is filled with over 50 coloring pages, games, mazes, and other fun activities for children ages 3-12. Though designed to be used with theà Sitting Togetherà curriculum, it can also be used on its own. This bookà Â is perfect for any family, Dharma center, yoga studio, or organization that wants to incorporate mindfulness into their children's activities. Visit MindfulFamilies.net for mindfulness, meditation, and Buddhist resources for families.

### **Book Information**

Paperback: 136 pages Publisher: Wisdom Publications; Act Csm edition (June 13, 2017) Language: English ISBN-10: 1614294240 ISBN-13: 978-1614294245 Product Dimensions: 8 x 0.4 x 10 inches Shipping Weight: 12 ounces (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #4,004,543 in Books (See Top 100 in Books) #69 inà Â Books > Children's Books > Religions > Buddhism #28971 inà Â Books > Children's Books > Activities, Crafts & Games > Activity Books #94394 inà Â Books > Religion & Spirituality > New Age & Spirituality

#### **Customer Reviews**

Sumi Loundon Kim is the Buddhist chaplain at Duke University and the minister for the Buddhist Families of Durham. After receiving a master  $\hat{A}\phi\hat{a} \neg \hat{a}_{,,\phi}$ s degree in Buddhist studies at Harvard Divinity School, she was the associate director for the Barre Center for Buddhist Studies in Massachusetts. She is the author of two books,  $\hat{A}$   $\hat{A}$  Blue Jean Buddha $\hat{A}$   $\hat{A}$  (2001) and  $\hat{A}$   $\hat{A}$  The Buddha $\tilde{A}\phi\hat{a} \neg \hat{a}_{,,\phi}$ s Apprentices  $\hat{A}$   $\hat{A}$  (2005). Sumi lives with her husband and two children in Durham, North Carolina.  $\hat{A}$   $\hat{A}$ 

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